



Child Health and Nutrition
510-584-3105

PARENTS

Child Care: What Is Your Child Eating? Help is Available to Ensure Your Child Eats Healthy in Child Care

Child Care Food Program

What our children eat affects their growth, brain development and ability to learn. Starting our children on a healthy diet when they are young is critical.

Why should your child care provider participate in the Child Care Food Program?

- Busy parents do not have to pack lunches or snacks
- Child care providers receive support and reimbursement to provide nutritious meals and snacks
- Children will receive healthy meals, develop healthy eating habits and participate in nutrition education activities



Tell your Child Care Provider about this FREE Program!

