

## Join our National Award Winning Program!

*In 2002, 4C's was recognized by the USDA for outstanding training and technical assistance.*

Children receive nutritious meals and snacks, develop healthy eating habits and participate in fun-learning activities.

Providers receive nutrition education and monthly cash reimbursement for providing nutritious food, recording menus daily and allowing home visits by 4C's staff.

Parents benefit knowing their children receive nutritious meals and snacks in their child care provider's home.

The Child and Adult Care Food Program (CACFP) is funded by the United States Department of Agriculture (USDA) and provides partial reimbursement to licensed child care providers for serving nutritious foods to the children in their care.

The 4C's of Alameda County, a non-profit organization, is a sponsor of the CACFP in Alameda County.

There is no cost to participate.



Community Child Care Council  
(4C's) of Alameda County  
Child Health and Nutrition Program  
22351 City Center Drive  
Hayward, CA 94541  
(510) 582-2182  
[www.4c-alameda.org](http://www.4c-alameda.org)

The USDA and 4C's of Alameda County are equal opportunity providers and employers.

**Get cash reimbursement for meals and snacks served in your child care home!**



**Community Child Care Council (4C's) of Alameda County**

**(510) 584-3105**

Serving Children, Families and Child Care Professionals since 1972



If you are a child care provider caring for children in your home, you may be eligible to participate in the Child and Adult Care Food Program (CACFP). Community Child Care Council (4C's) of Alameda County has been sponsoring the CACFP since 1980.

There is no cost to participate. In fact, those who join 4C's receive the following benefits free!

### **Monetary Reimbursement**

You may be reimbursed for serving two meals and one snack or one meal and two snacks, per child, per day. The USDA sets the rates for reimbursement. For current rates, call 4C's at (510) 584-3105.

### **On-Line Claiming**

On-line claiming for CACFP reimbursement is available at no cost, including mobile apps. This program eliminates handwriting menus and decreases the amount of paper that you handle daily. Also available in Spanish.

### **Direct Deposit**

Deposit your monthly reimbursement directly into a savings or checking account.

### **Introductory Handbook**

The 4C's introductory handbook explains in detail the how-to's of participating in the CACFP under 4C's sponsorship.

### **Nutrition and Health Training**

4C's offers a nutrition and health education program that includes workshops, curriculum handouts, recipes, cost saving meal planning and much more. Also available in Spanish and Chinese.

### **Nutrition Newsletter**

A free copy of our newsletter is emailed to the homes of 4C's-sponsored providers every month. It contains information about nutrition, health, safety, recipes, activities for children, and much more.

### **Resource Library**

We have a lending library of nutrition books, videos, activity guides and cookbooks designed to help you serve healthy meals and keep children active.

### **Knowledgeable, Friendly Staff**

A team of Specialists are available to assist you. Call us at:

**(510) 584-3105**

Se habla español 中文服務

